

Sick as a deg: intermittent exposure to pathogens impacts brain and behavior

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Disclosures & Acknowledgments

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India Pursell, BS Kail Citron, BS Laura Wegrowski Natasha Barahona, BS Raul Freitas, PhD Sam Rawlins Sharhana Shrestha Yubin Lee

My Village

Don – Understanding spouse Isabella – World's best cheerleader Dialys – Domestic warrior



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I consult (no pay) for Amritagen. I have received past support for industry-sponsored projects from Nestle-Purina and Brain Health Project

And Mom (Susan Engler)

Hawaii Volcano Eruption 2018

And Wildfires, 2023



Puerto Rico Earthquake, 2020



Hurricane Isaac, Louisiana 2012



Hurricane Harvey, Texas 2017



California Wildfires, 2020





Tennessee Floods, 2010

Intermittent Infection Impacts on Brain

Premise:

- Aging is associated with shifts in neurobiology, cognitive ability and immune function (Bulati et al., 2017; Burke and Barnes, 2006; Franceschi and Campisi, 2014; Riley, 2013)
- Experience with infection is common but not shared equitably across the population (Balls-berry et al., 2022; Feinstein et al., 2016; Deitrich et al., 2021)
- Acute infection affects cognition in humans (i.e., delirium) and laboratory rodents; age potentiates these effects (Chen et al., 2008; Tarr et al., 2011; Van Gool et al., 2010)
- Long-term cognitive consequences of acute infections are not well studied
 - increased infection burden exacerbates age-related cognitive decline, especially in 'dementia'-susceptible Organisms (De Chiara et al., 2019; Katan et al., 2013; Strandberg et al., 2004; Sy et al., 2011)

Question:

Does intermittent experience with inflammatory immune activation alter the trajectory of cognitive aging?



Intermittent Infection Impacts on Brain During





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Healthy Adult Males **Baseline** Exposure 1 **Exposure 2** Exposure 3 **Exposure 5 Exposure 4** Vehicle Healthy Sick Sick Healthy Sick Healthy Healthy Sick Healthy Healthy Two Weeks Two Weeks Two Weeks Two Weeks Two Weeks

> Brain Behav Immun. 2023 Feb:108:279-291. doi: 10.1016/j.bbi.2022.12.013. Epub 2022 Dec 19.

Intermittent systemic exposure to lipopolysaccharide-induced inflammation disrupts hippocampal long-term potentiation and impairs cognition in aging male mice

E B Engler-Chiurazzi ¹, A E Russell ², J M Povroznik ³, K O McDonald ⁴, K N Porter ⁵, D S Wang ⁶, J Hammock ⁵, B K Billig ⁷, C C Felton ⁷, A Yilmaz ⁷, B G Schreurs ⁶, J D O'Callaghan ⁷, K J Zwezdaryk ⁸, J W Simpkins ³

Affiliations + expand

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Abstract

Age-related cognitive decline, a common component of the brain aging process, is associated with significant impairment in daily functioning and quality of life among geriatric adults. While the complexity of mechanisms underlying cognitive aging are still being elucidated, microbial exposure and the multifactorial inflammatory cascades associated with systemic infections are emerging as potential drivers of neurological senescence. The negative cognitive and neurobiological consequences of a single pathogen-associated inflammatory experience, such as that modeled through treatment with lipopolysaccharide (LPS), are well documented. Yet, the brain aging impacts of repeated, intermittent inflammatory challenges are less well studied. To extend the emerging literature assessing the impact of infection burden on cognitive function among normally aging mice, here, we repeatedly exposed adult mice to intermittent LPS challenges during the aging period. Male 10-month-old C57BL6 mice were systemically administered escalating doses of LPS once every two weeks for 2.5 months. We evaluated cognitive consequences using the non-spatial

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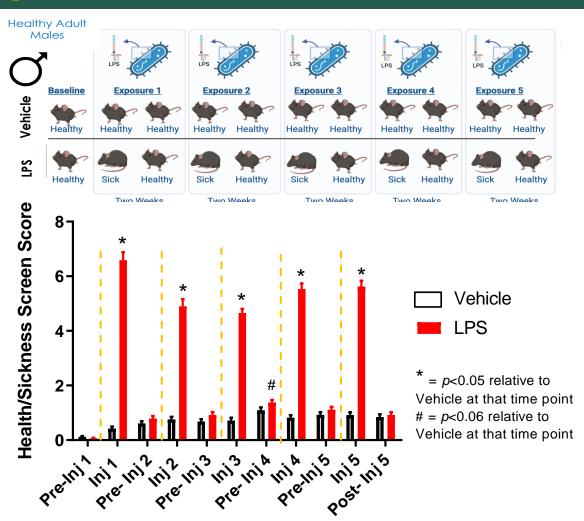
Repeated intermittent LPS 'infection' reliably induces sickness behavior

Health/Sickness Screen

Parameter	Observation	Scor
General Appearance	Normal	0
	Groomed, healthy appearing fur, pink mucous membranes and ear lobes	
	Mild Abnormal	1
	Mildly rough/scruffy/dull fur, slightly less well-groomed, light pink mucous membranes/ear lobes, minimal porforin staining, slightly squinted eyes	
	Moderate Abnormal	2
	Rough/scruffy fur, piloerection, poor grooming, pale mucous membranes and ear lobes, squinted eyes	
	Severe Abnormal	3
	Very rough fur, no evidence of grooming, white mucous membranes and ear lobes, substantial porforin staining, severely squinted or closed eyes	
Posture	Normal	0
	Slight Hunch	1
	Spine slightly curved	I -
	Moderate Hunch	2
	Spine curved, paws slightly under body	
	Severe Hunch	3
	Spine dramatically curved, paws tucked under body, head angled downward	l .
Body Condition	Normal	0
	Thin	1
	Slight segmentation of vertebrae, dorsal pelvic bones are more prominent, slight dehydration (skin pinch test response is slightly delayed)	
	Emaclated	2
	Prominent vertebrae and skeletal bones that are readily palpable, dehydrated (skin pinch test results in skin remaining tented)	
Respiration	Normal	0
	Altered	1
	Increased rate and/or effort	
	Abnormal/Distressed	2
	Very increased rate or gasping/labored breathing, irregular	
Body Temperature	Normal/No change	0
	1-4 degree C	1
	5-8 degree C	2
	9-12 degree C	3
	-	_
Body Weight	0-5% change	0
	5.1-10% change	1
	10.1-15% change	2
	15.1-20% change	3
	> 20.1% change	4
pontaneous	Normal	0
ocomotion/Social	Active and interacting with cage-mate(s)	
Interaction	Mild Abnormal	1
	Still spontaneous activity and some peer interaction but reduced	_
	Moderate Abnormal	2
	Lethargic (may need probing via tapping on cage or cage tilt) and minimal peer interaction	_
	Severe Abnormal	3
	Immobile and no peer interaction	I







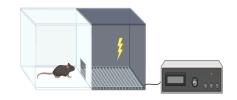


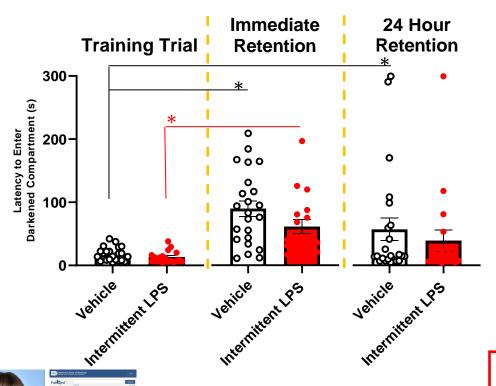
Engler-Chiurazzi et al., 2023 Brain Behavior & Immunity

- LPS reliably induced a moderate sickness
- Animals made a full recovery from each exposure*

Intermittent 'Infections' Subtly Impair Retention of Learned Information

Passive Avoidance Learning and Retention





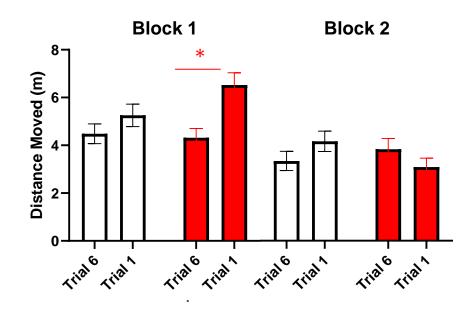
Engler-Chiurazzi et al., 2023

Brain Behavior & Immunity

Morris Water Maze

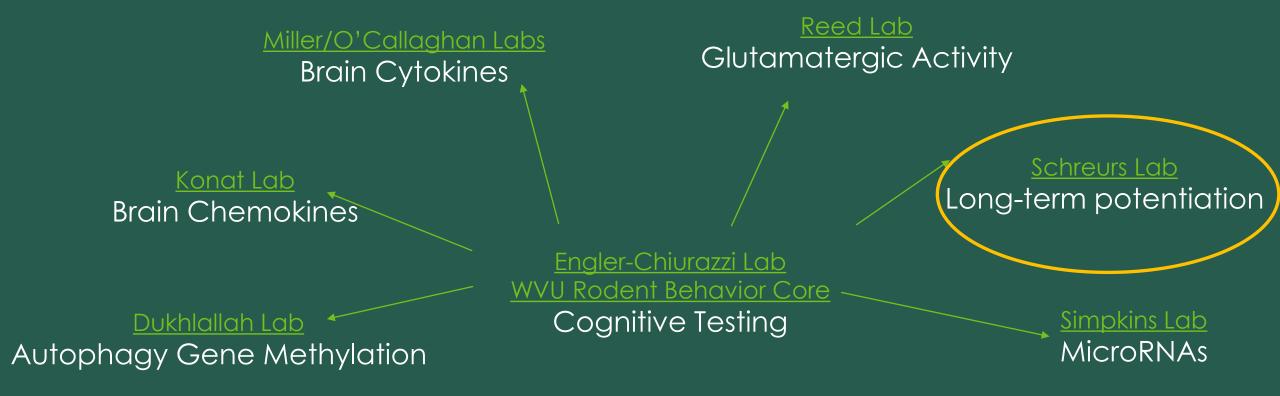


(Spatial/hippocampal-dependent)
Learning and Retention)



- No differences in learning new information*
- LPS impaired overnight retention between days during the early training period

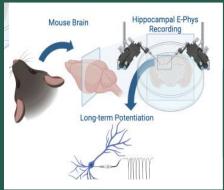
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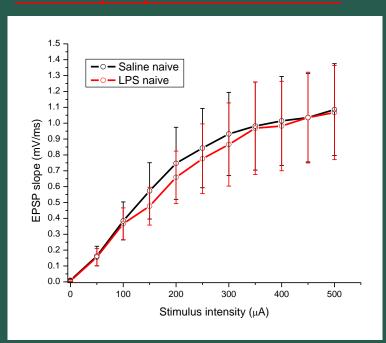
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Intermittent Infections Alter Neuronal Function

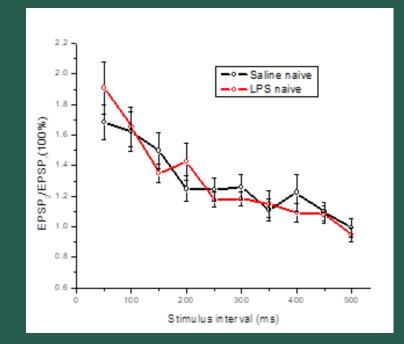




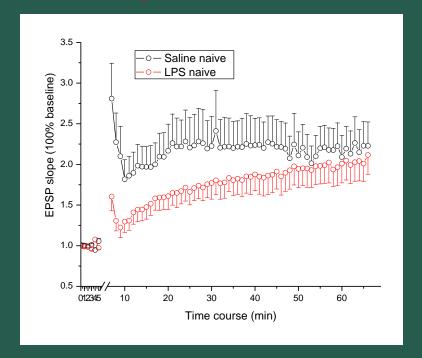
Basal Synaptic Transmission



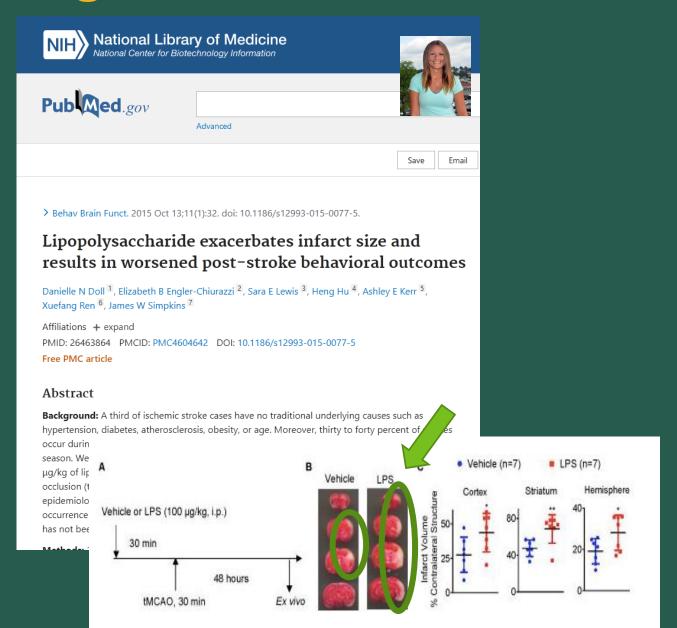
Pre-synaptic Function

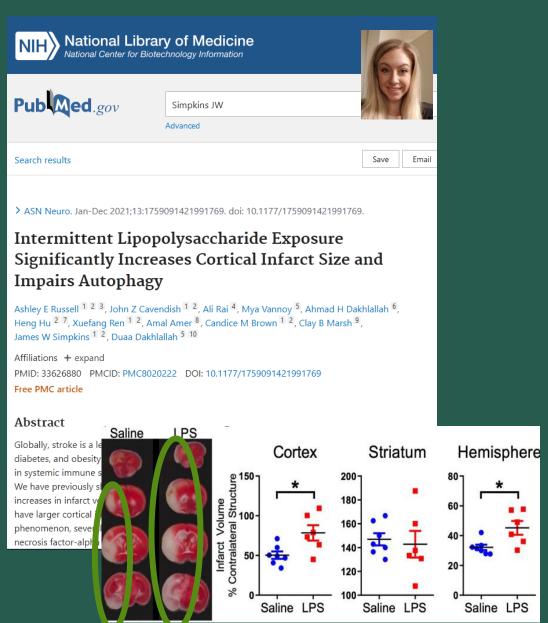


Long-term Potentiation



Single or Intermittent Mild Infection Worsens Stroke







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Review > Cytokine Growth Factor Rev. 2021 Apr;58:1-15. doi: 10.1016/j.cytogfr.2021.02.002. Epub 2021 Feb 19.

SARS-CoV-2 mediated neuroinflammation and the impact of COVID-19 in neurological disorders

Narayanappa Amruta ¹, Wesley H Chastain ¹, Meshi Paz ¹, Rebecca J Solch ², Isabel C Murray-Brown ¹, Jaime B Befeler ¹, Timothy E Gressett ¹, Michele T Longo ³, Elizabeth B Engler-Chiurazzi ⁴, Gregory Bix ⁵

Affiliations + expand

PMID: 33674185 PMCID: PMC7894219 DOI: 10.1016/j.cytogfr.2021.02.002

Free PMC article

Abstract

SARS-CoV-2 is a novel coronavirus that severely affects the respiratory system, is the cause of the COVID-19 pandemic, and is projected to result in the deaths of 2 million people worldwide. Recent reports suggest that SARS-CoV-2 also affects the central nervous system along with other organs. COVID-19-associated complications are observed in older people with underlying neurological conditions like stroke, Alzheimer's disease, and Parkinson's disease. Hence, we discuss SARS-CoV-2 viral replication and its inflammation-mediated infection. This review also focuses on COVID-19 associated neurological complications in individuals with those complications as well as other groups of people. Finally, we also briefly discuss the current therapies available to treat patients, as well as

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that neurological symptoms of COVID-19 are common and potentially profound. This is particularly problematic given that previous coronavirus infections, including MERS and SARS, did not report significant CNS-targeted complications [105].

7.1. COVID-19 and stroke

Stroke is emerging as a common and potentially devastating complication following SARS-CoV-2 infection. Indeed, 2-6 % of hospitalized patients with COVID 19 have suffered an acute probrovascular avant [106]. Like those who experience stroke in the general population. COVID-19. relatedstroke is commonly ischemic in nature, although there have been a few hemorrhagic cases [107]. Further, strokes were more likely in COVID-19 patients who were older, hypertensive, had higher D-dimer and C-reactive protein levels, and a more severe clinical course of COVID 19 infection [107]. The mechanisms by which SARS-CoV-2 can cause strokes are varied and include coagulopathy, myocardial damage with cerebral embolism, or destabilization of pre-existing atheroma plaque [108]. Viruses lead to thrombosis by triggering immune system responses involving endothelium, platelets, and coagulation. In addition, the "cytokine storm" produced in response to SARS-CoV-2 can increase D-dimers and affect coagulation, prompting stroke. The virus may also damage the heart, causing viral myocarditis, leading to cardioembolic stroke. Inflammation may additionally destabilize the fibrous capsule around the atheroma plaque, which could expose the thrombogenic clotting material, thus prompting clogging of the arteries, which in turn would also cause stroke [108].

One study found that COVID-19 patients with a history of stroke have a worse prognosis and are three times more likely to die than individuals without stroke history [108]. Even among noninfected patients, indirect consequences of the COVID-19 pandemic could be increasing stroke morbidity and mortality. Fear of going to hospitals, along with hospital resources being focused on COVID-19 patients could indirectly lead to increases in stroke incidence [108]. Management of stroke in the setting of concurrent COVID-19 should follow the standard of care for non-COVID stroke. Hemorrhagic strokes may be caused by the cytokine storm or by SARS-COV-2 binding to ACE2 receptors in endothelial and arterial smooth muscle cells of the brain, which damages intracranial arteries to the point of rupture [107].

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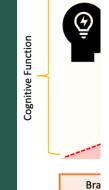
<u>Prasad Katakam</u> Microvessel Energetics



Liz Engler-Chiurazzi Cognitive Aging





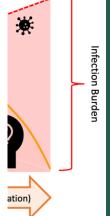


Risk factors contributing to dementia are multifactorial. Accumulating evidence suggests a role for pathogens as risk factors, but data is largely correlative with few causal relationships. Here, we demonstrate that intermittent murine cytomegalovirus (MCMV) infection of mice, alters blood brain barrier (BBB) permeability and metabolic pathways. Increased basal mitochondrial function is observed in brain microvessels cells (BMV) exposed to intermittent MCMV infection and is accompanied by elevated levels of superoxide. Further, mice score lower in cognitive assays compared to age-matched controls who were never administered MCMV. Our data show that repeated systemic infection with MCMV, increases markers of neuroinflammation, alters mitochondrial function, increases markers of oxidative stress and impacts cognition. Together, this suggests that viral burden may be a risk factor for dementia. These observations provide possible mechanistic insights through which pathogens may contribute to the progression or exacerbation of dementia.





<u>Kevin Zwezdaryk</u> Viral/Immune Cascades





Supported by Tulane Brain Institute Research Fund Award & Infectious Disease Society of America

Intermittent CMV + Aging Working Group

Premise:

- 'Microbial origins of Alzheimer's disease/dementia' and 'Anti-microbial role of amyloid-beta' theories (Harris and Harris, 2015; Moir et al., 2018)
 - Herpes simplex 1 (De Chiara et al., 2021; Itzhaki, 2021; Laval and Enquist, 2021)
- Cytomegalovirus (CMV)
 - · High (60-80%) seropositivity levels (Fowler et al., 2022)
 - Neurological consequences are poorly studied and conflicting (Barnes et al., 2015; Lurain et al., 2013; Loren-Gash et al., 2019)

Design:

- Vehicle
- Repeat Cytomegalovirus (MCMV)
 - Smith strain, 1x10⁵ PFU
- Single Early-in-life CMV (LT CMV)
 - Smith strain, 1x10⁵ PFU

Harrison et al., 2024

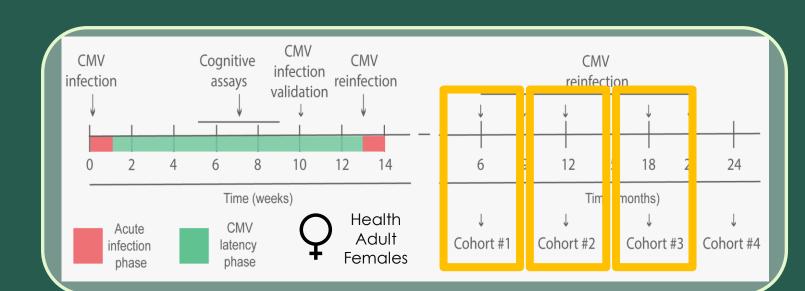
Harrison et al., 2024

Brain Behavior & Immunity

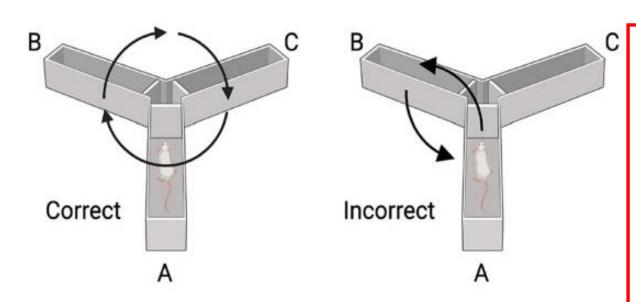
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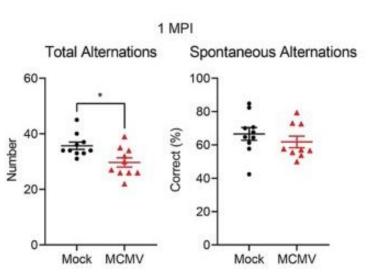
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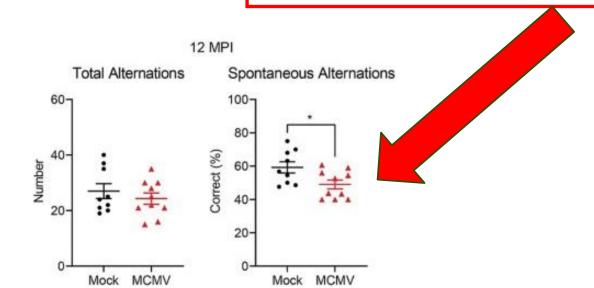


CMV Induces Cognitive Impairment



- One CMV exposure (~2 months old):
 - reduces movement
 - does not affect short-term recognition memory
- Four CMV exposures by 14 months of age:
 - does not impact movement ability
 - impairs short-term recognition memory



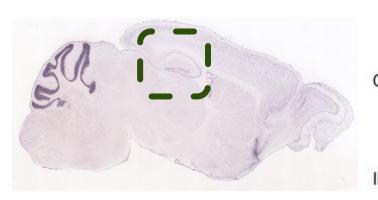


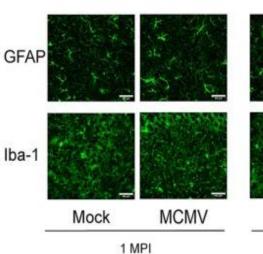
CMV Increases Hippocampal Barrier Permeability

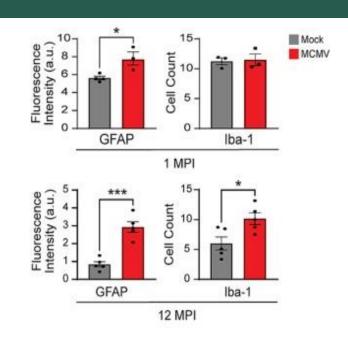
Mock

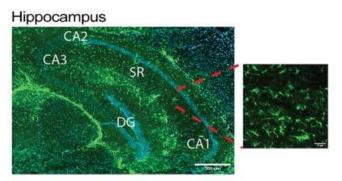
MCMV

12 MPI



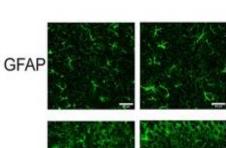






CMV Increases Hippocampal Barrier Permeability

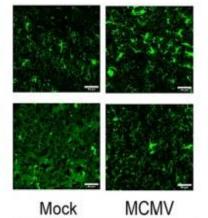




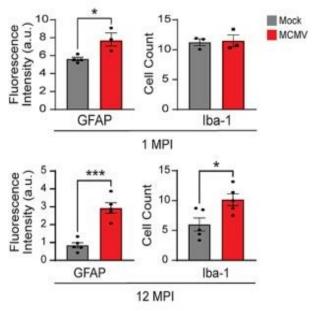
Mock

1 MPI

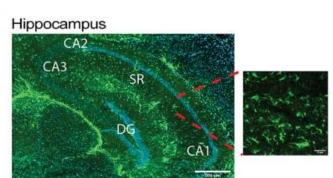
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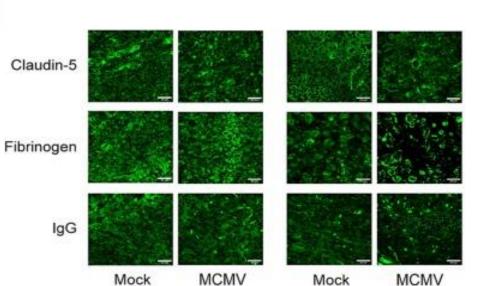


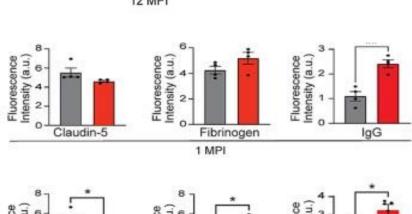
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Claudin-5







Fibrinogen

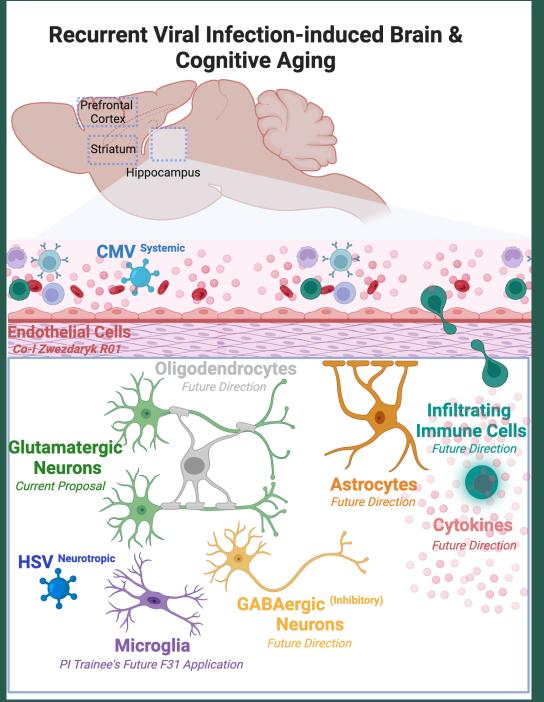
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Harrison et al., 2024 Brain Behavior & Immunity



Future Directions

Why is cognition negatively impacted by intermittent systemic viral infection?

- Determine how viral infection perturbs metabolic function of cells at the brain-immune interface
- Discern impacts of intermittent systemic viral infection to neuronal function
- Evaluate how intermittent viral infection affects the interplay of neurons and other supporting neural cell types
- 4. Identify how systemic and/or central immune responses to intermittent viral infection contribute and therapeutically target these cascades



Sakendinger Message of Athto Geriehn quaktetor Brain



Snowing in Texas and setting freezing tempe the country and beyor an expensive hoax!

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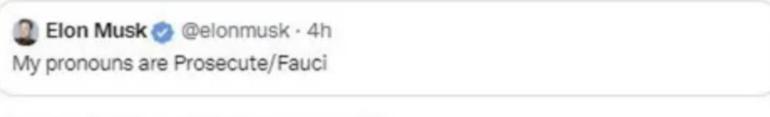
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For the record: Dr. Fauci has done nothing wrong, except serve our nation. In the meantime, Mr. Musk should know that 200,000 Americans needlessly lost their lives from Covid due to this kind of antiscience rhetoric and disinformation. Elon, I'm asking you to take down this Tweet



7:17 AM · Dec 11, 2022 from Houston, TX

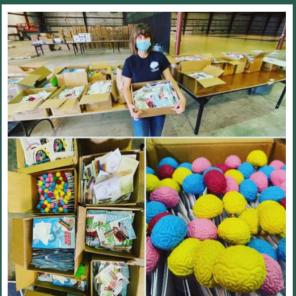
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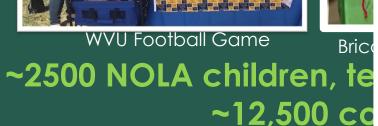
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Thanks AAAS for my statue at the Smithsonian Museum!







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matter



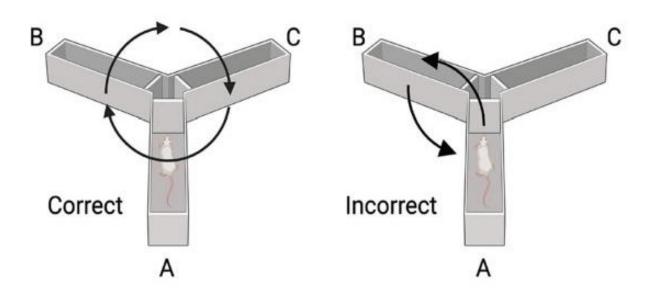
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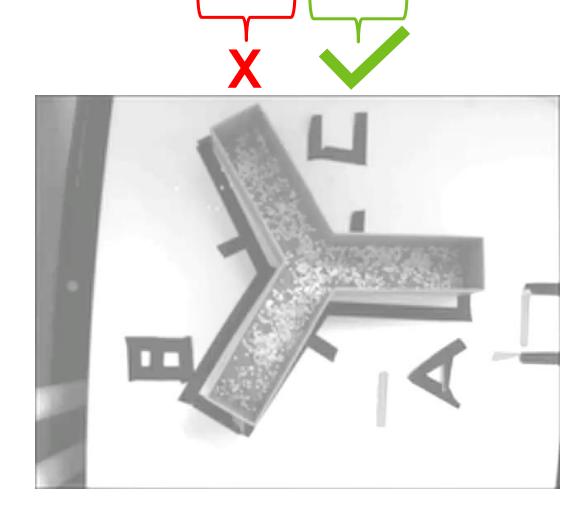






CMV Induces Cognitive Impairment

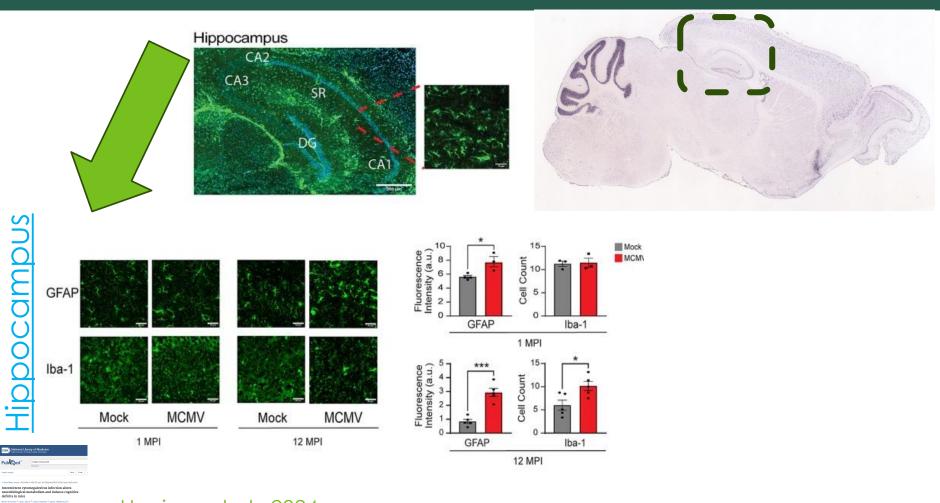






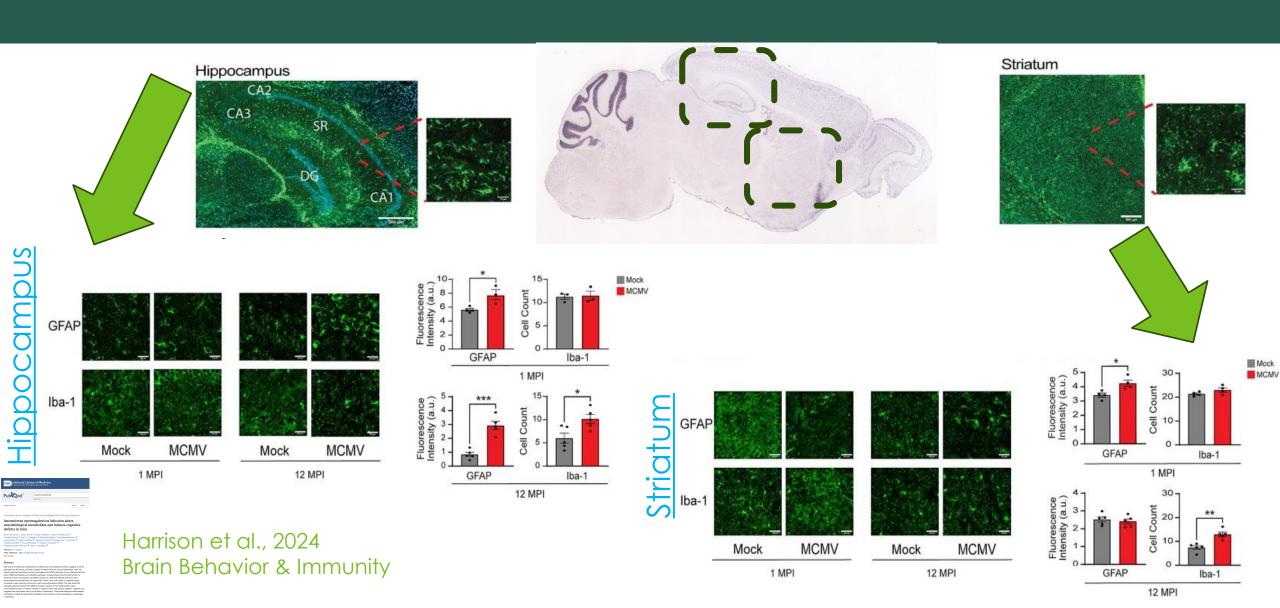
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CMV Increases Hippocampal Neuroinflammation



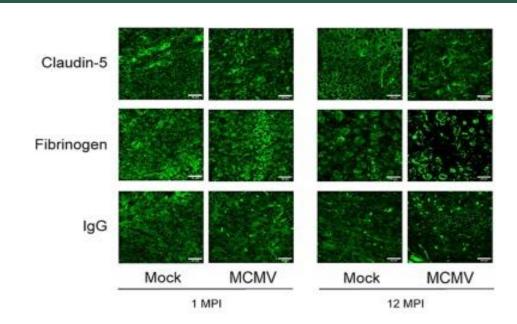
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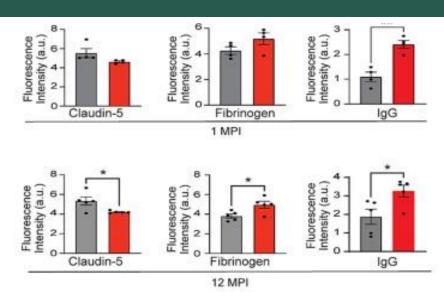
CMV Increases Hippocampal Neuroinflammation



CMV Increases Hippocampal Barrier Permeability

Hippocampus





CMV Increases Hippocampal Barrier Permeability

Mock MCMV

IgG

